

Health Improvement Partnership Board

This sheet must be completed and attached to the front of all papers to the Health Improvement Partnership Board so that the paper is submitted is one continuous document.

Date of meeting: Thursday 29th May 2014

Title of report: Public Involvement Network Report

Is this paper for:	Discussion	Decision	Information x
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Purpose of Report:

To update the Health Improvement Board on main areas of focus and to highlight key issues and messages from the public, to inform the board and to identify forward activity.

Action Required:

Impact on Public:

Authors:

Aziza Shafique and Paul McGough
HIB PIN lay representatives

Overview:

- **Asian Community Women's Group Research** – Aziza Shafique has written report and this has been circulated within Healthwatch Oxfordshire - awaiting publication (June): PIN Lead Aziza Shafique + Annie Davey Healthwatch Oxfordshire (HWO). 3 projects covering; GP access, Mental Health, Domiciliary Care
- **Public Health** – Working with Dr Adam Briggs and Dr Louise Marshall - Steering Group currently being formed - Terms of reference circulated – Paul McGough has been invited and accepted role as initial patient representative.
- **Housing related support Workshop – options** – (covered this morning)
- **Muslim Faith Wellbeing Workshop**
- **NHS Health Check (Minority Ethnic focus)**
- **Focus on Patient Participation Groups and Oxford Clinical Commissioning Group Strategy Forum (Oxford City)**

Asian Community Women's Group Research

Lead - Aziza Shafique (in partnership with Annie Davey HWO)

1. **Gather views from Asian women on NHS physical health checks**
2. **Five focus groups** starting 15th May 2014 – 19th June 2014 with a break for half term May holidays
3. **Break for Ramadan from 26th June till end of July**
4. **During the summer activities Eid events**
5. **Asian Women's Group Healthwatch Oxfordshire Report** - will be published sometime in June (Report Focus: Access to General Practitioners, Mental Health and Domiciliary care)

Muslim Faith & Wellbeing Workshop Regal Community Centre Tues 29th April

Paul McGough attended meeting for Asian public, faith & community elders to discuss ways to strengthen public wellbeing – focusing on mental health – presentations followed by discussion. (Public attendees were men, plus a few female professionals – female public were invited but not present (awareness & cultural issues). The report below is included for information for the Health Improvement Board and is not the formal report of the meeting.

- Imam Monawar Hussain (Chair)
- Imam Ataulah Khan - Madina Mosque
- Patrick Taylor - Oxfordshire Mind
- Dr A Hameed Latifi - Psychiatrist (Afghanistan)
- Ian Bottomley - Oxford Clinical Commissioning Group

Key messages:

- Around ¼ of people will experience mental ill-health in a year (particularly anxiety depression) important to recognise “this is normal” – plus other behavioural and psychotic illness. Important to “destigmatise” mental health within Asian community. (Many cultural issues).
- Around 60,000 people in Oxfordshire will have mild to moderate anxiety and depression. 1/3 of presentations to GP have a mental health component.
- Importance of person centred care approach – to empower the person to live beyond their illness.
- **5 ways to wellbeing highlighted**
 - Connect with what’s happening around you
 - Be active (get out, get involved, physical & leisure activity)
 - Take notice – be curious
 - Keep learning – libraries – mental stimuli
 - Give – Feels good – and benefits vulnerable members of community
- **Faith** – good evidence people with religious beliefs helps to positively sustain them – however some negative cultural issues highlighted too. **Special challenges – How make services accessible to all communities we serve – including the homeless, the isolated, the disenfranchised** how to integrate mental health services across health and social care
- **Big opportunity – to work together** with Imams through Mosques as focal point on issues of health - to get positive messages to public and counter cultural stigmas and misunderstandings.
- **Visionary messages from Imam** Monawar Hussain (Community Support Forum) and Imam Ataulah Khan – to give supportive mental health messages - involve women more (through Asian Women’s Group) and also work together with stakeholders on other health and wellbeing issues.
- **Some Ideas suggested from participants:**
 - **Address health and mental health early at school through education** increase awareness, understanding and reduce stigma
 - **Health engagement** - target specific groups through leisure events
 - **Psychiatric outreach services delivered in community settings** (GP practices & other open access community venues)

Key outcome:

- **Positive offer of support from Imam Ataulah Khan (Madina Mosque)**

plus Imam Monawar Hussain from the Community Support Forum

- To engage with PIN on health issues – 1st Preventive health – NHS Health Check (Asian Community and Minority ethnic focus) – agreed focus groups to be arranged (at Mosque). Follow up next steps meeting **TBC** by Paul McGough May-June (before Ramadan starts)
- Further opportunities: Public health and other HIB health priorities

Oxford City Patient Participation Group Forum Meeting - Kings Centre, Osney Mead 7th May 2014.

The report below is included for information for the Health Improvement Board and is not the formal report of the meeting.

The meeting included an overview of Oxfordshire Clinical Commissioning Groups 5 Year Commissioning Strategy – Presentation by Rachel Coney
Break Out Groups: Discussion – Patient Participation Group's role in relation to Commissioning Plans & Priorities

Key message from Public at this meeting:

- **Feeling that Preventative Public Health aspect was missing** from Oxford Clinical Commissioning Group strategy. Even after it was explained this was Oxfordshire County Council's responsibility - Public are confused by different health organisation separation of responsibilities - demarcation "not our responsibility" – need to explain better "who does what"... how different organisations fit together and why they focus on different areas
- **Concern expressed about closing care homes**
- **Public want more detail on plans** – not just summaries
- **Statements about integration of health and social care were challenged** –Comments that integration is **NOT** happening in reality - around Better Care fund
- **Health Inequalities Commission** - how will this relate to Healthwatch and other organisations? Need to differentiate roles and responsibilities
- **Widespread recognition that need to broaden base of Patient Participation Group** - more grassroots representation, Black Minority Ethnic and Younger Person.
- **Event focused Preventive Health engagement** – explored idea raised by Public in Muslim Faith Wellbeing Workshop – to target specific groups through leisure events (e.g. women's group, keep fit, cooking, embroidery – Idea received a very positive response. (A similar approach could also be used to target at risk men – football, bikers (already used in cancer awareness) – could extend concept to sports clubs, and workplace?)

Attended Oxford University Hospitals NHS Trust - Peer Review Conference on 24th April - a review with clinical-management-patient representatives – Review followed by working groups – (The internal Peer Review Programme itself - in its first phase - brought together 57 clinicians, non-medical employees and patient representatives, visited 103 wards and departments across the five divisions of the Trust). Peer reviewer feedback was very positive. And in the conference there was overwhelming support for the continuation of the programme - views were sought on learning - and alternatives to the shape and focus of the next phase – which is now in planning.

Forward activity:

- **Asian Community Women's Group + Asian men Public engagement research** (Lead Aziza Shafique + Paul McGough, in liaison with Healthwatch Oxfordshire)
- **Keep building Asian contacts and networks**, Minority Ethnic Consultative Forum, Mosques, other Asian Community groups. Paul to focus on Asian men, Aziza on Women – Paul to meet and plan with Imam Ataullah Khan Madina Mosque. **Confirm May** - and then extend focus groups to other Mosques
- **Contribution to workshop & scrutiny of impact of housing related support – review of options & next steps (start 29th May 2014)**
- **Involvement in Older People's Partnership Board Open Meeting - 3 June 2014.** (Aziza sourcing Carer from Asian Women's network + Paul)
- **Participation in Public/Patient Group – Infection Research Theme (ongoing)**
- **Public Health Steering Committee – joint Oxford University Hospitals NHS Trust and County Council strategy implementation.** Paul initially - plus Aziza to advise / consult on Asian Community health issues
- **Substance & Alcohol Misuse – Service Support User views** (if capacity?)
- **Input into Health Inequalities Commission – Paul to liaise with Rachel Coney Oxford Clinical Commissioning Group.**